



Tech 101-A Self Awareness

Unit 1-1: Assessing Core Values

STUDY GUIDE

1. Review supporting articles
 - https://www.mindtools.com/pages/article/newTED_85.htm
 - Included YouTube video: https://www.youtube.com/watch?v=Kz_qGJmTMY
2. Take assessment on Core values
 - http://www.thecompoundeffect.com/downloads/english-core_values_assessment.pdf
3. Identify top 10 Core Values per the pdf
4. Filter down to top three
5. Create a personal mission statement based from core values (using above three values)
 - Includes using three top core values into a three sentence summary – like a job description on the top of a resume
 - Examples are:
 - i. <https://www.riteaid.com/about-us/mission-statement>
 - ii. <https://www.ronalfy.com/my-personal-values-and-mission-statement/>
6. Identify the core values of specific companies in your industry by reviewing company mission statements.
7. Write a reflective response on how your core values will assist you when working in industry.





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PRIMARY DEVELOPER: Kimberly Alexander – Henry Ford College

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